

Wednesday Readings  
From Doubt to Confidence  
Bible (NIV unless noted)

Psalm 46:4-5, 10-11 (ESV)

There is a river whose streams make glad the city of God, the holy habitation of the Most High. God is in the midst of her; she shall not be moved; God will help her when morning dawns. “Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!” The LORD of hosts is with us; the God of Jacob is our fortress.

Isaiah 36:4 *On*

On what are you basing this confidence of yours?

Deuteronomy 28:58, 66 (to suspense) never, 67 (to 2<sup>nd</sup> !)

If you do not carefully follow all the words of this law, which are written in this book, and do not revere this glorious and awesome name—the LORD your God—

You will live in constant suspense, ... never sure of your life. In the morning you will say, “If only it were evening!” and in the evening, “If only it were morning!”

Matthew 17:14-27

When they came to the other disciples, they saw a large crowd around them and the teachers of the law arguing with them. As soon as all the people saw Jesus, they were overwhelmed with wonder and ran to greet him.

“What are you arguing with them about?” he asked. A man in the crowd answered, “Teacher, I brought you my son, who is possessed by a spirit that has robbed him of speech. Whenever it seizes him, it throws him to the ground. He foams at the mouth, gnashes his teeth and becomes rigid. I asked your disciples to drive out the spirit, but they could not.”

“You unbelieving generation,” Jesus replied, “how long shall I stay with you? How long shall I put up with you? Bring the boy to me.” So they brought him. When the spirit saw Jesus, it immediately threw the boy into a convulsion. He fell to the ground and rolled around, foaming at the mouth.

Jesus asked the boy's father, "How long has he been like this?" "From childhood," he answered. "It has often thrown him into fire or water to kill him. But if you can do anything, take pity on us and help us." "If you can?" said Jesus. "Everything is possible for one who believes." Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!"

When Jesus saw that a crowd was running to the scene, he rebuked the impure spirit. "You deaf and mute spirit," he said, "I command you, come out of him and never enter him again." The spirit shrieked, convulsed him violently and came out. The boy looked so much like a corpse that many said, "He's dead." But Jesus took him by the hand and lifted him to his feet, and he stood up.

Matthew 17:19-20

Then the disciples came to Jesus in private and asked, "Why couldn't we drive it out?" He replied, "Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

Matthew 14:22-31

Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it.

Shortly before dawn Jesus went out to them, walking on the lake. When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear. But Jesus immediately said to them: "Take courage! It is I. Don't be afraid." "Lord, if it's you," Peter replied, "tell me to come to you on the water." "Come," he said.

Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?"

And when they climbed into the boat, the wind died down.

John 10:23-25 (MSG)

Jesus was strolling in the Temple across Solomon's Porch. The Jews, circling him, said, "How long are you going to keep us guessing? If you're the Messiah, tell us straight out." Jesus answered, "I told you, but you don't believe. Everything I have done has been authorized by my Father, actions that speak louder than words.

Luke 12:22-24 (to them), 27-32 (MSG)

“Don’t fuss about what’s on the table at mealtimes or if the clothes in your closet are in fashion. There is far more to your inner life than the food you put in your stomach, more to your outer appearance than the clothes you hang on your body. Look at the ravens, free and unfettered, not tied down to a job description, carefree in the care of God. And you count far more.

Walk into the fields and look at the wildflowers. They don’t fuss with their appearance—but have you ever seen color and design quite like it? The ten best-dressed men and women in the country look shabby alongside them. If God gives such attention to the wildflowers, most of them never even seen, don’t you think he’ll attend to you, take pride in you, do his best for you?

“What I’m trying to do here is get you to relax, not be so preoccupied with *getting* so you can respond to God’s *giving*. People who don’t know God and the way he works fuss over these things, but you know both God and how he works. Steep yourself in God-reality, God-initiative, God-provisions. You’ll find all your everyday human concerns will be met. Don’t be afraid of missing out. You’re my dearest friends! The Father wants to give you the very kingdom itself.

Luke 21:14 (MSG)

Make up your mind right now not to worry about it.

Psalms 40:1-3 (to God), 5

I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the LORD and put their trust in him.

Many, LORD my God, are the wonders you have done, the things you

planned for us. None can compare with you; were I to speak and tell of your deeds, they would be too many to declare.

Psalm 37:3-6

Trust in the LORD and do good; dwell in the land and enjoy safe pasture. Take delight in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun.

John 8:31-32

To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."

John 8:50 (MSG)

God intends something gloriously grand here and is making the decisions that will bring it about. I say this with absolute confidence.

Acts 9:32-35

As Peter traveled about the country, he went to visit the Lord's people who lived in Lydda. There he found a man named Aeneas, who was paralyzed and had been bedridden for eight years. "Aeneas," Peter said to him, "Jesus Christ heals you. Get up and roll up your mat." Immediately Aeneas got up. All those who lived in Lydda and Sharon saw him and turned to the Lord.

2 Corinthians 3:4-6

Such confidence we have through Christ before God. Not that we are competent in ourselves to claim anything for ourselves, but our competence comes from God. He has made us competent as ministers of a new covenant—not of the letter but of the Spirit; for the letter kills, but the Spirit gives life.

Hebrews 10:35

So do not throw away your confidence; it will be richly rewarded.

2 Corinthians 7:7 I (MSG)

I went from worry to tranquility in no time!

Science and Health with Key to the Scriptures  
by Mary Baker Eddy

1:1, 11

The prayer that reforms the sinner and heals the sick is an absolute faith that all things are possible to God,--a spiritual understanding of Him, an unselfed love. Regardless of what another may say or think on this subject, I speak from experience. Prayer, watching, and working, combined with self-immolation, are God's gracious means for accomplishing whatever has been successfully done for the Christianization and health of mankind.

Desire is prayer; and no loss can occur from trusting God with our desires, that they may be moulded and exalted before they take form in words and in deeds.

23:27

"Lord, I believe; help thou mine unbelief!" expresses the helplessness of a blind faith; whereas the injunction, "Believe . . . and thou shalt be saved!" demands self-reliant trustworthiness, which includes spiritual understanding and confides all to God.

488:7

The Hebrew and Greek words often translated belief differ somewhat in meaning from that conveyed by the English verb believe; they have more the significance of faith, understanding, trust, constancy, firmness. Hence the Scriptures often appear in our common version to approve and endorse belief, when they mean to enforce the necessity of understanding.

495:15

Allow nothing but His likeness to abide in your thought. Let neither fear nor doubt overshadow your clear sense and calm trust, that the recognition of life harmonious--as Life eternally is--can destroy any painful sense of, or belief in, that which Life is not. Let Christian Science, instead of corporeal sense, support your understanding of being, and this understanding will supplant error with Truth, replace mortality with immortality, and silence discord with harmony.

455:3-6, 8-14

A mental state of self-condemnation and guilt or a faltering and doubting trust in Truth are unsuitable conditions for healing the sick. Such mental states indicate weakness instead of strength.

You must utilize the moral might of Mind in order to walk over the waves of error and support your claims by demonstration. If you are yourself lost in the belief and fear of disease or sin, and if, knowing the remedy, you fail to use the energies of Mind in your own behalf, you can exercise little or no power for others' help.

181:21-25

If you are too material to love the Science of Mind and are satisfied with good words instead of effects, if you adhere to error and are afraid to trust Truth, the question then recurs, "Adam, where art thou?"

234:3

If we trust matter, we distrust Spirit.

551:24-26 *Darkness*

Darkness and doubt encompass thought, so long as it bases creation on materiality.

428:8

To divest thought of false trusts and material evidences in order that the spiritual facts of being may appear,--this is the great attainment by means of which we shall sweep away the false and give place to the true. Thus we may establish in truth the temple, or body, "whose builder and maker is God."

130:9, 26

It is unwise to doubt if reality is in perfect harmony with God, divine Principle, --if Science, when understood and demonstrated, will destroy all discord,--since you admit that God is omnipotent; for from this premise it follows that good and its sweet concords have all-power.

If thought is startled at the strong claim of Science for the supremacy of God, or Truth, and doubts the supremacy of good, ought we not, contrariwise, to be astounded at the vigorous claims of evil and doubt them, and no longer think it natural to love sin and unnatural to forsake it,--no longer imagine evil to be ever-present and good absent? Truth should not seem so surprising and unnatural as error, and error should not seem so real as truth. Sickness should not seem so real as health. There is no error in Science, and our lives must be governed by reality in order to be in harmony with God, the divine Principle of all being.

417:10-16

Maintain the facts of Christian Science,--that Spirit is God, and therefore cannot be sick; that what is termed matter cannot be sick; that all causation is Mind, acting through spiritual law. Then hold your ground with the unshaken understanding of Truth and Love, and you will win.

20:14-32

Jesus bore our infirmities; he knew the error of mortal belief, and "with his stripes [the rejection of error] we are healed." "Despised and rejected of men," returning blessing for cursing, he taught mortals the opposite of themselves, even the nature of God; and when error felt the power of Truth, the scourge and the cross awaited the great Teacher. Yet he swerved not, well knowing that to obey the divine order and trust God, saves retracing and traversing anew the path from sin to holiness.

Material belief is slow to acknowledge what the spiritual fact implies. The truth is the centre of all religion. It commands sure entrance into the realm of Love. St. Paul wrote, "Let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us;" that is, let us put aside material self and sense, and seek the divine Principle and Science of all healing.

428:22-23

The great spiritual fact must be brought out that man is, not shall be, perfect and immortal.

429:24

Do you believe this? No! Do you understand it? No! This is why you doubt the statement and do not demonstrate the facts it involves. We must have faith in all the sayings of our Master, though they are not included in the teachings of the schools, and are not understood generally by our ethical instructors.

445:5

No hypothesis as to the existence of another power should interpose a doubt or fear to hinder the demonstration of Christian Science. Unfold the latent energies and capacities for good in your pupil. Teach the great possibilities of man endued with divine Science. Teach the dangerous possibility of dwarfing the spiritual understanding and demonstration of Truth by sin, or

by recourse to material means for healing. Teach the meekness and might of life "hid with Christ in God," and there will be no desire for other healing methods. You render the divine law of healing obscure and void, when you weigh the human in the scale with the divine, or limit in any direction of thought the omnipresence and omnipotence of God.

34:18-23

Through all the disciples experienced, they became more spiritual and understood better what the Master had taught. His resurrection was also their resurrection. It helped them to raise themselves and others from spiritual dulness and blind belief in God into the perception of infinite possibilities.

368:2-5

The confidence inspired by Science lies in the fact that Truth is real and error is unreal. Error is a coward before Truth.

496:15

Hold perpetually this thought,--that it is the spiritual idea, the Holy Ghost and Christ, which enables you to demonstrate, with scientific certainty, the rule of healing, based upon its divine Principle, Love, underlying, overlying, and encompassing all true being.